

Ride Name: Grade: Map Required: Total Distance: Approx. Ride Time: Total Height Climbed: **Up To The Lake** Moderate/Beginner OS Explorer 264 42.0Km (approx.) 4hrs 500m

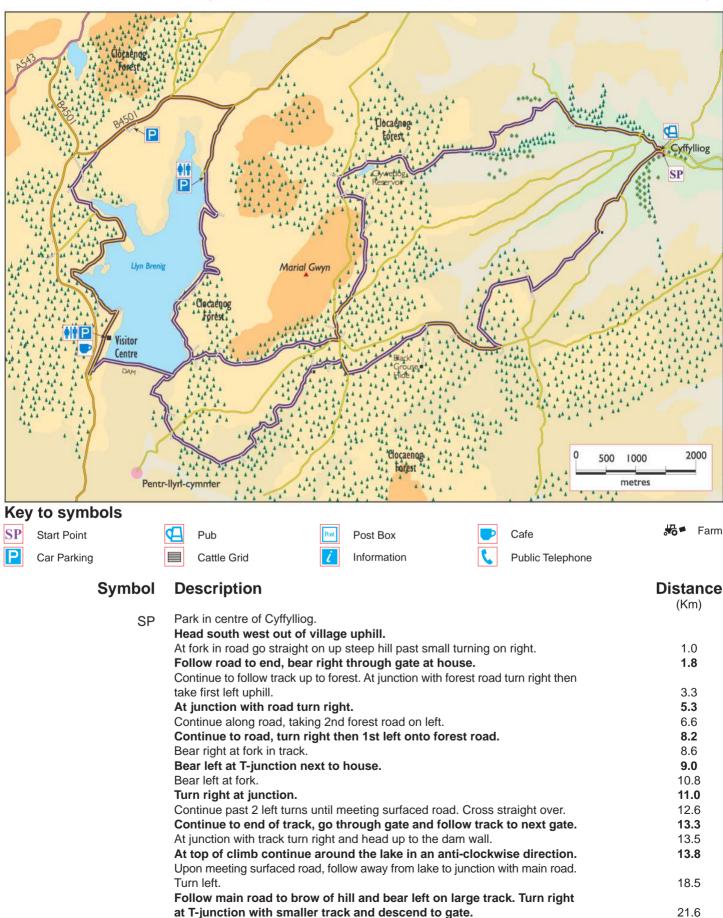
Cycling Legend

ROUTE A road B road C road Track

The route is shown as a broad purple line with the type of road and surface inset.

---- Other Bridleway

These maps are based on the 1947 OS 1" to 1 mile map, and updated from ground/bike surveys and aerial photography. © Denbighshire County Council 2003. It is recommended that you purchase the latest OS Explorer map or more detailed mapping.



At gate continue straight on, onto surfaced road, passing junction on left and	
over bridge, bear left at next junction.	22.5
Continue past junction on right.	23.7
At fork in road bear left along shore. Beware of oncoming traffic!	26.2
Pass visitor centre and Café.	27.0
Turn left at junction and ride over the top of the dam wall.	27.6
At the end of the dam wall turn left and follow shoreline.	29.0
Turn right into forest over cattle grid and immediately bear right at fork in track.	29.5
Continue straight over crossroads.	29.9
At next junction turn left and continue to climb.	30.4
At junction with surfaced road turn left then 1st right.	32.2
Turn left.	32.8
Turn left at fork in road.	34.0
At next junction turn left.	34.5
At surfaced road turn right.	34.9
Take left turn on to forest road. Past lake on right.	35.3
At next junction bear right.	35.7
Go through gate out of forest. Bear right.	37.5
Turn right at junction.	38.6
At junction with road turn right.	40.0
Bear left at junction.	41.5
Finish back in Cyffylliog.	42.0