

ROUTE CARD

Ride Name: Cilcain Short Grade: Easy

Map Required:OS Explorer 265Total Distance:8.5Km (approx.)

Approx. Ride Time: 1hr **Total Height Climbed:** 185m

Cycling Legend

ROUTE A road B road C road Track

The route is shown as a broad purple line with the type of road and surface inset.

---- Other Bridleway

Key to symbols



Start Point



Car Parking



Pub



Cattle Grid Post Box



Information



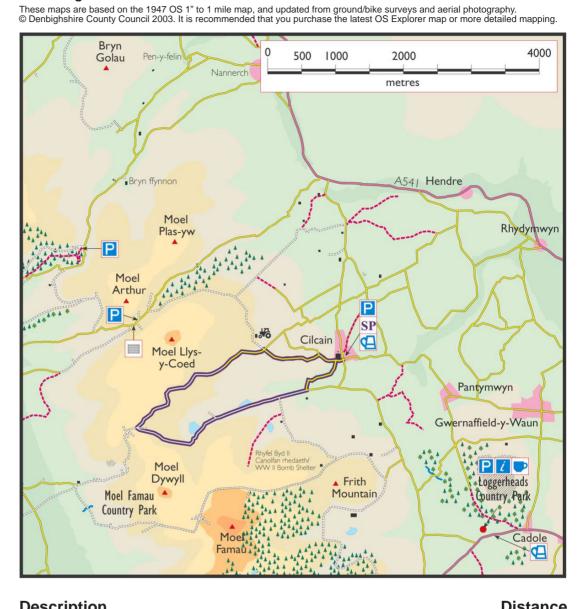
Cafe



Public Telephone



Farm



Symbol	Description	Distance (Km)
SP	Car Park opposite church.	
	Turn right out of car park and bear right at immediate junction.	
	Turn left at T-junction, up short, steep climb.	1.05
	Continue straight across crossroads.	1.5
	Road becomes unsurfaced, continue through gates, up steady climb.	2.3
	Just before crest of climb, double back left on marked singletrack	
	bridleway. (For great views continue to ridge, straight on.)	4.1
	Cross over small stream and follow path bearing left.	5.2
	Pass through small gate, and turn right onto track.	5.7
	Follow track past reservoirs on left, until reaching tarmac road. Turn left onto	
	road, up short climb.	7.3
	Turn right at junction, back to start point.	8.2