

ROUTE CARD

Ride Name: The Lake and a Bit Grade: Moderate/Intermediate

Map Required: OS Explorer 264
Total Distance: 32.0Km (approx.)

Approx. Ride Time: 3hrs **Total Height Climbed:** 555m

Cycling Legend

ROUTE A road B road C road Track

The route is shown as a broad purple line with the type of road and surface inset.

---- Other Bridleway

Key to symbols



Start Point



Car Parking



Pub



Cattle Grid Post Box



Information



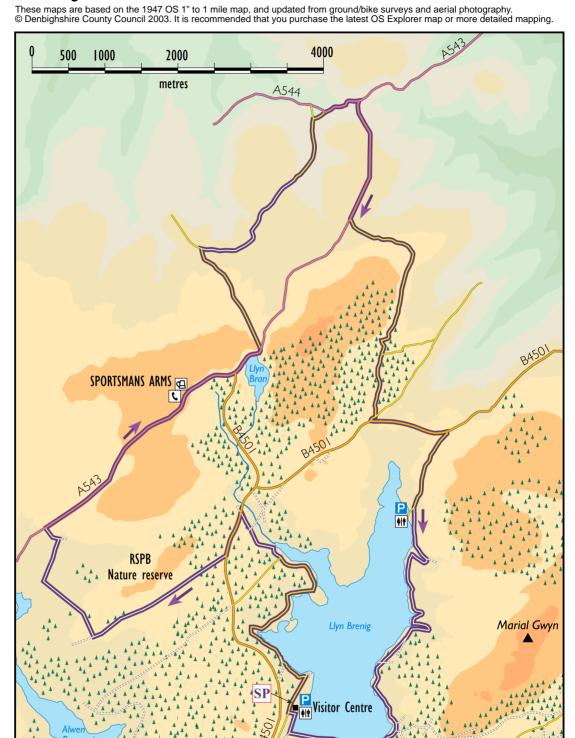
Cafe



Public Telephone



Farm



Symbol Description Distance Height (Km) (m) Llyn Brenig Visitor Centre car park. There is a fee for parking here. Continue straight on, on surfaced road. 0.9 Continue straight on, on surfaced road. 3.4 Continue straight on, onto unsurfaced road. 4.1 At junction with main road, turn left. 4.3 Turn right off main road onto bridleway. Take care at crossing, fast vehicles

approaching.	4.9
Entering Nature Reserve, please keep to the bridleway at all times.	5.5
At junction in bridleway, turn right.	7.1
Continue straight on up short hill.	8.6
At main road turn right. Caution.	9.0
The Sportsmans Arms. Food and drinks available here.	11.8
At junction with minor road continue straight on.	22.5
At junction turn right.	23.3
At junction with main road, turn left.	23.5
At junction turn right.	24.5
Continue through gate. Toilets available here. At end of car park continue	
through gate onto unsurfaced track.	25.7
Turn right onto dam wall.	30.3
At end of dam, turn right.	31.5
Finish.	32.0